

Best Kids Care
Masoud Almasi M.D., P.A.
4200 S. Lake Forest Dr. Ste. 100
McKinney, TX. 75070
Phone: 214.592.0356

My Head Circ is _____%

Infant Tylenol _____ml

My Length is _____%

My Weight is _____%

TWO WEEK-ONE MONTH OLD BABY

What Your Baby Does at This Age:

- Opens his mouth and searches for a nipple, sucks and swallows.
- Puts fists in his mouth.
- When, alert, watches your face and listens to your voice.
- Thrusts out his/her arms and legs in play.
- Rolls partway from back to side.
- Grasps your finger.
- Communicates with you by crying when hungry, bored, or uncomfortable.
- Sleeps most of the day, waking every 2 to 3 hours to feed.

Important Changes:

- Vision comes under better control as his eye muscles develop. Because eye muscles are still unsteady, eye movements are uncoordinated some of the time. Baby starts making tears around 8-12 weeks.
- Personality starts to emerge. One baby may be noisy and impatient, while another is quiet and easy-going.
- At the end of the month, first smiles begin to emerge in response to your talking, cooing and touching. Already, your baby is becoming a social creature.
- Your baby's feeding schedule becomes more regular as the weeks pass.

How to Support Development:

- Make lots of faces at your baby. Imitate the faces and sounds he makes.
- Talk softly in your baby's ear. Play music.
- Hold your baby on your shoulder so he/she can see the world. Support head as you hold the baby.

Sleep Position:

- The sleep position preferred is on the back for the first six months. This prevents SIDS (sudden infant death syndrome). The exception is only if the infant has complications of gastroesophageal reflux, or have birth defects involving upper airways.